

# SANCTUARY

## DERMATOLOGY



Proper pre-care is essential to achieving optimal results from your treatment. If there are any outstanding questions after reading the information below, please do not hesitate to call us at (504) 454-2997.

### Evoke PreTreatment Instructions

- Treatments typically last 45 minutes to one hour.
- Treatments are more successful if you are well hydrated.
- Avoid skin irritation or intentional skin tanning. Sunscreen SPF 30 or higher is advisable when outdoors during daylight hours.
- Discontinue harsh or irritating skin care products 2-3 days prior to treatment.
- Men with a beard should shave the area being treated prior to scheduled treatment.
- Arrive for treatment with clean skin; no lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated.
- Areas of dental crowns, caps, braces, or other metal dental implants may be more sensitive to treatment and the clinician may use dental rolls, or gauze to isolate the area and make the treatment more comfortable.

### Evoke PostTreatment Instructions

- Recovery after an Evoke treatment should be simple and comfortable. Expect little to no downtime. Following your treatment, you should be able to immediately return to normal activities
- For best results, Evoke treatments are recommended once a week for 6 weeks.

Feel free to bring your  
earbuds or headphones.  
Our iPads will be  
available for your  
entertainment while you  
wait for your procedure.