

PRE-PROCEDURE INSTRUCTIONS

- On the day of your procedure, you WILL NOT be able to drive yourself home **REGARDLESS** of IV sedation. Please make sure that you have a friend or relative to sign you out and drive you home. ***You can not take public transportation home after your procedure such as: taxi's, buses, Uber, etc. ...unless you are accompanied by that friend or relative who signed you out.*** Please do not bring valuables, this includes jewelry.
- No solid foods for at least 6 hours (*or longer if you have acid reflux*) prior to your procedure (coffee with cream is considered solid food).
- You are encouraged to drink water **UP TO 3 HOURS** prior to your procedure – **UNLESS YOU HAVE ACID REFLUX** - to prevent unnecessary dehydration. **NOTHING** by mouth within 3 hours of scheduled procedure (including gum, tic-tacs, or candy).
- If you are **diabetic**, do not take your morning dose on the day of your procedure. Please consult your physician if you have any questions.
- **Patients on aspirin and anti-coagulants (blood thinners) should notify for specific physician instructions.**
- **All antibiotics prescribed for NEW / CURRENT infections should be completed at least one day before your injection. Do not change your antibiotic schedule, if prescribed for long term prophylaxis.**
- Do not interrupt your routine **blood pressure and heart-related** medications at any time, **unless instructed otherwise.**
- Please **write all current medications on your paperwork** attached where specified.
- Fluoroscopy with X-ray radiation will be used during the procedure. ***Possibility of pregnancy will be ruled out for women at risk, using rapid test or infertility documentation.***
- Please contact our office with any questions or concerns if you are unclear about these instructions.
- Any "No Show" or "late" cancellation less than 24 hours will result in a \$200.00 administrative fee.

Print Name: _____

Scheduled date: _____

Sign: _____
date

Arrival time: _____

- **YOUR POST-PROCEDURE FOLLOW UP IS ON: _____**
- **THIS FOLLOW UP IS MANDATORY FOR DOCUMENTATION AND INSURANCE PURPOSES.**