

MIC FAQ

What is MIC?

MIC stands for Methionine, Inositol, and Choline. Methionine is an essential amino acid. Inositol supports proper cell formation. Choline is a water-soluble nutrient that supports liver function. Together they metabolize fat cells and assist in the elimination of stored fat deposits in the liver and body, and may encourage fat reduction. MIC shots are known to not only reduce fat, but also possibly increase metabolism.

What are the benefits of taking MIC injections?

MIC injections have many benefits such as increased metabolism, providing an energy boost, MIC also aids in improved mood and helps to balance hormones.

Is this a one-and-done treatment?

Multiple injections will be required to achieve optimal results. How many you need will depend on several factors, including your age, activity level, physical health, frequency of injections, and how well your body responds to the treatment. Your provider can give you a better idea of what to expect, but injections are typically given bi-weekly for about three months.

When will I see results?

The first thing that will happen is that you'll feel an immediate energy boost. This will continue for the first few days following your first appointment. You may also start to feel a decrease in hunger and less fatigue. Typically it takes about 30 days after your first treatment to start noticing weight-loss results. However, you may see results sooner when you maintain a proper diet and regular exercise.

Who is a good candidate for MIC?

Any adult who would like to increase their metabolism and burn fat more quickly is a good candidate for MIC treatment. Ideal candidates are those who are willing to commit to a healthy lifestyle, exercise, and diet.

What are the side effects of MIC?

Studies have yet to determine the potential side effects of lipotropic injections. But like any other drug, the side effects may differ for every person. Potential Side effects may include: Allergic reactions like rashes and shortness of breath, anxiety, constipation or diarrhea, fatigue, increased heart rate, pain at the injection site, trouble sleeping