

Patient Name: \_\_\_\_\_ DOB \_\_\_\_\_ Date \_\_\_\_\_

## **Semaglutide Side Effects Disclosure Form**

At SimplyCare/DNA Diet Club, we believe it is essential for our patients to be well-informed about the medications they are prescribed. Semaglutide is a medication used to treat type 2 diabetes and obesity. Below is a list of the main adverse side effects associated with semaglutide:

1. **Gastrointestinal side effects:** These are the most common side effects and include nausea, vomiting, diarrhea, constipation, abdominal pain, and bloating. These symptoms usually occur at the beginning of treatment and may decrease over time.
2. **Hypoglycemia (low blood sugar):** This can occur, especially when semaglutide is used in combination with other diabetes medications such as insulin or sulfonylureas. Symptoms include dizziness, headache, sweating, weakness, irritability, and confusion.
3. **Injection site reactions:** Some patients may experience redness, swelling, itching, or pain at the injection site. These reactions are usually mild and subside over time.
4. **Fatigue:** Some patients may experience tiredness or fatigue as a side effect of semaglutide.
5. **Pancreatitis:** Rarely, semaglutide has been associated with an increased risk of pancreatitis. Symptoms include severe abdominal pain, nausea, vomiting, and fever.
6. **Kidney injury:** In rare cases, semaglutide may contribute to acute kidney injury, particularly in patients with pre-existing renal impairment or those at risk of dehydration.
7. **Diabetic retinopathy complications:** Semaglutide has been associated with an increased risk of diabetic retinopathy complications. Patients with a history of diabetic retinopathy should be closely monitored.
8. **Allergic reactions:** In rare cases, patients may experience an allergic reaction to semaglutide, which can manifest as rash, itching, swelling, difficulty breathing, or severe dizziness.
9. **Thyroid tumors:** Although the risk in humans is unknown, animal studies have shown an association between GLP-1 receptor agonists like semaglutide and thyroid C-cell tumors. Physicians should exercise caution when prescribing semaglutide to patients with a personal or family history of medullary thyroid carcinoma or Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).

Please consult your healthcare provider at SimplyCare/DNA Diet Club if you experience any of these side effects or have concerns about your medication. It is essential to monitor and report any adverse reactions to ensure the safety and effectiveness of your treatment.

Signature \_\_\_\_\_ Print Name \_\_\_\_\_