

VENOUS STUDY INSTRUCTIONS

Patient: _____ **Test Date:** _____ **Time:** _____

Location: _____

Brief Explanation of Sequence of Test:

This is an ultrasound of the veins in the legs. If blood clots are detected, they can give rise to swelling and pain. The blood clots can sometimes travel to the lungs (pulmonary embolism), a very serious condition. The patient lies on a table while the study is performed, and the exam requires no I.V. or work on the part of the patient.

Patient Instructions for Test:

- ♥ **Diet:** Stay hydrated throughout the day of your test. Drink a little more water than you normally would.
- ♥ **No Caffeine** or Decaffeinated Products: (example: chocolate, tea, soda, coffee, decaf tea, decaf coffee, etc.) for 24 hours prior to test.
- ♥ **Clothing:** Wear comfortable clothing. If you regularly wear compression stockings – **DO NOT** wear your stockings after midnight on the day of your test.
- ♥ **Medications:** If you are prescribed Lasix (or any type of diuretics) please do not take the day of your test.
- ♥ **Activity:** Stay semi-active the morning of your test. Walk as much as possible – but do not overdo it!
- ♥ **Insurance:** If you are covered by an insurance plan that requires pre-authorization from your primary care physician, please make those arrangements prior to your visit.
- ♥ **Arrival:** Please arrive at the office 15 minutes before your scheduled test time. This enables the tech to get everything ready for you in a timely manner.
- ♥ **No Show/Cancel:** If you, the patient, do not cancel your scheduled appointment at least 24 hours prior to the test, you may be billed a \$50 no show fee.

Patient Signature: _____ **Date:** _____

Questions/Concerns:

You will be contacted the day before your test to confirm your appointment time. Any questions or concerns you may have can be answered at that time, or you may call our office at _____.

Thank you for your time, patience, and cooperation!!

HeartPlace