

LEG CARE BEFORE RADIOFREQUENCY ABLATION INSTRUCTIONS

Patient: _____ DOB: _____

You are scheduled to undergo a Radiofrequency ablation procedure to treat your varicose veins. This procedure will take place in our office and should take approximately 20 minutes, however, please plan to be here for a total of 60-90 minutes.

Please make sure you are at your procedure at your allotted arrival time (generally 30 minutes prior to your procedure time). To help with feeling anxious about your upcoming procedure a prescription for Valium can be sent to your pharmacy (optional, but not recommended for all patients - Dr. Overbeck will let you know), but must be taken at the office before your procedure. ******(Please note that if Valium is going to be taken, a driver is required to stay with you at the office during your procedure to drive you home.) Please let us know if you have allergies to either medication or a contraindication from taking these medications (Cardiovascular Disease, Renal Insufficiency or Kidney Disease).

******IF YOU ARE ALLERGIC TO IODINE OR SHELLFISH, PLEASE LET OUR STAFF KNOW ASAP******

- The day of your procedure you may eat a small meal/snack 3 hours prior to your procedure. **Do not have any CAFFEINE the morning of your procedure. Please be well hydrated with water, juice, or Gatorade for the day of your procedure.** If you plan to have Valium for your procedure, please remember you are **REQUIRED** to have a driver with you.
- If you take blood thinners (Coumadin, Warfarin or Aspirin) it will need to be held starting 3 days prior to the day of your procedure.
- If you take blood thinners (Eliquis, Pradaxa or Xarelto) it will need to be held starting the night before your procedure date.
- If you take diuretics/water pill (Furosemide, Lasix, HCTZ, Torsemide) it will need to be held the morning of your procedure.
- PLEASE TAKE ALL OTHER MEDICATION AS DIRECTED BY YOUR PHYSICIAN.

If for any reason you must cancel your procedure, please call the office to notify staff. If before or after hours please leave a message with our answering service. 972-253-2505