



**NORTH
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GASTROENTEROLOGY
ASSOCIATES**

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SUTAB Instructions

The Dosing Regimen

- It is a split-dose (2-day) regimen. There are a total of 24 tablets that are required in order to complete bowel preparation for the colonoscopy. You will take the tablets in two doses of 12 tablets each. You must consume water with each dose.

How to Take Each Dose (completed the exact same way for each dose at the times listed on your procedure instructions)

- Fill the cup that is provided for you with water to the 16 ounce line.
- As you take each tablet, allow yourself 2 minutes in between so that you do not become nauseous. You should complete taking all 12 tablets within 30 minutes.
 - Should you start feeling nauseated, please slow down the rate of water consumption as we do not want you to throw any of the medication up.
 - Do not take multiple tablets at one time.
- 1 hour after you take the last tablet, you will need to fill your cup back up with water to 16 ounces - drink it entirely.
- 30 minutes after finishing the second container of water, you will need to fill your cup back up with water to 16 ounces - drink it entirely.

Important Notes to Note

- You should only follow a clear liquid diet the day before your procedure.
- You should not consume any food or liquid, aside from the bowel prep, the morning of your procedure - ***DO NOT LISTEN TO THE BOX***.
- Everyone has different reaction times to the medication, therefore we do not have an exact time as to when the medication will start working.
- The most common adverse reactions after administration of SUTAB were nausea, abdominal distension (bloating), vomiting, and upper abdominal pain.
- Please stay as hydrated as possible. Should you start to feel severely dehydrated, contact our office.
- Please call 911 or go to the nearest emergency room should you start experiencing cardiac arrhythmias or seizures.