



APPOINTMENT DATE	APPOINTMENT TIME
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Patient Instruction for PET Stress Testing

48 HOURS BEFORE

Do not take any of the following medications 48 hours before your test: Aggrenox, Persantine, Theophylline, Theo-Dur, Dipyridamole, and Aminophylline. If in doubt, please consult with your referring physician.

24 HOURS BEFORE

Do not eat or drink anything that has caffeine, including coffee, tea, decaffeinated products, Excedrin, chocolate, cocoa, herbal teas, and soda for 24 hours before your exam. *Caffeine will interfere with the results of the test.* Drinking juice, Gatorade, and water are okay; drink plenty of fluids the morning the of test so you are well hydrated.

4 HOURS BEFORE

Do not eat or drink anything except water, juice and Gatorade. **DIABETIC PATIENTS ONLY:** Hold diabetes medications until they can be taken with food

REMINDERS

- Your appointment is located at the **Cardiac PET Partners Inc., 16550 Ventura Blvd. Suite 122, Encino, CA 91436**
- Do not wear lotions, oils or powders on your chest area. Do not wear perfumes or body sprays. Wear a comfortable two-piece outfit and do not wear jewelry the day of your test.
Parking lot entrance is on Rubio Street. Ask us about validation.
- Bring your medications with you to your appointment.
- Do not use any Nitroglycerin patches or long-acting oral Nitrates such as Isosorbide, Imdur, Isordil, Sorbitrate. Ismo, or Monoket.
- Take all unrestricted medications as you normally would.
- This test cannot be done if you are pregnant. All females aged 50 and younger who haven't had a hysterectomy or tubal ligation will be required to take a pregnancy test at our office the day of your test.
- If you are claustrophobic or have a problem with being in a restricted environment for any length of time, please consult your referring physician prior to your appointment.

CANCELLATION

- You must notify us at **818-925-2480** if you need to cancel your appointment. Please note, special testing isotopes must be ordered for each individual patient. Failure to notify our office by 10:00p.m. the day prior to your test will result in a \$200.00 missed appointment fee that will be charged to you directly.

Printed Patient Name

Patient Signature

Date

Ordering Physician

Date of Birth