



**Mahmood Siddique, DO, FACP, FCCP, FAASM, has been Inducted into the Prestigious
Marquis Who's Who Biographical Registry**

Mahmood Siddique is recognized for his expert leadership of Sleep and Wellness Medical Associates

LAWRENCE TOWNSHIP, NJ, July 5, 2023, Mahmood Siddique, DO, FACP, FCCP, FAASM, has been included in Marquis Who's Who. As in all Marquis Who's Who biographical volumes, individuals profiled are selected on the basis of current reference value. Factors such as position, noteworthy accomplishments, visibility, and prominence in a field are all taken into account during the selection process.

Leveraging more than two decades of excellence as a healer and agent of people's positive transformation through innovative approaches to patients' conditions, Dr. Siddique has earned distinction as the founder and chief executive officer of Sleep and Wellness Medical Associates, which he founded as Pulmonary Critical Care and Sleep Associates in 2007. Since 2009, he has focused his efforts on restorative and regenerative medicine to optimize patients' quality of life in all dimensions, including giving anti-inflammatory nutrition, balancing hormones, implementing a fitness routine, assisting with stress management and inducing body detoxification. He recently added aesthetic procedures to his processes, including laser and Botox treatments, liposuction, cosmetic dermatology and non-invasive cosmetic procedures. Additionally, Sleep and Wellness Medical Associates has a clinical laboratory improvement amendments blood laboratory and is accredited by the American Academy of Sleep Medicine.

Prior to establishing his current practice, Dr. Siddique began his career as an intensivist for Robert Wood Johnson University Hospital in 2001. Also dedicated to civil advocacy, he has been a volunteer clinical associate professor of medicine for the Rutgers Robert Wood Johnson Medical School since 1997, mentoring physician assistant and nurse practitioner students, and provides free medical care for indigent patients at Medina Clinic in Mercer County, New Jersey. He serves as the medical director of the Innova Skin and Laser Center.

Over the course of his career, Dr. Siddique has contributed numerous articles on pulmonary and sleep medicine in peer-reviewed journals, including serving as the first author for "Obesity and Sleep Disorders: Implications for Bariatric Patients." He has also co-authored "Effect of Part-time Employment on Sleep Deprivation Among High School Students," "Effect of a modified Mediterranean diet and therapeutic lifestyle change on body mass index and fat mass in a community medical practice" and the book "How to Turn Anger into Love: A Spiritual Guide," which published with Qual Health Inc. in 2004.

Added to these professional accomplishments, Dr. Siddique was named among America's Most Honored Top One Percent twice in 2016 and 2017 and is a multiple-time listee on New Jersey Top Doc. He was also honored four times as a Healthy Living New Jersey Top Doctor and received several Vitals Patients' Choice Awards and Patient's Choice Awards. He also received Teaching Excellence Awards and Best Teacher Awards from Rutgers Robert Wood Johnson Medical School. He was also admitted as a fellow to the American College of Physicians, the American College of Chest Physicians, the American Academy of Sleep Medicine and the American Society for Laser Medicine and Surgery. Additionally, he is a valued member of the American Academy of Anti-Aging Medicine, the American Academy of Cosmetic Surgery, the American Society of Cosmetic Laser Surgery and the International Association for Physicians in Aesthetic Medicine.

To prepare for his medical career, Dr. Siddique earned a Bachelor of Science in biology from Brooklyn College and a Doctor of Osteopathy from Midwestern University's Chicago College of Osteopathic Medicine in 1991. Following these achievements, he completed an internship at Rutgers Robert Wood Johnson Medical School and a residency in internal

medicine at the same institution in 1994. He subsequently underwent a fellowship in pulmonary and critical care medicine at Case Western Reserve University and the University Hospitals of Cleveland in 1997. Well-qualified in his field, he is board-certified in internal medicine, pulmonary, critical care and sleep medicine.

Within the coming years, Dr. Siddique intends to continue developing his practice, which employs a unique holistic and integrative approach. Working alongside physician assistants, behavioral therapists, physical therapists, sleep technologists, intravenous infusion specialists, ultrasound technicians and laboratory technicians, his goal is to serve more people with their educational and compassionate model.

About Marquis Who's Who®:

Since 1899, when A. N. Marquis printed the First Edition of Who's Who in America®, Marquis Who's Who® has chronicled the lives of the most accomplished individuals and innovators from every significant field of endeavor, including politics, business, medicine, law, education, art, religion and entertainment. Marquis celebrates its 125th anniversary in 2023, and Who's Who in America® remains an essential biographical source for thousands of researchers, journalists, librarians and executive search firms around the world. Marquis® publications may be visited at the official Marquis Who's Who® website at www.marquiswhoswho.com.