

LaseMD Ultra Treatment.

LaseMD is a fractional nonablative laser that creates tiny thermal zones in the superficial dermis to help stimulate elastin and collagen. It is best for softening mild to moderate wrinkles. It also helps improve the texture and tone of the skin. It will help reduce hyperpigmentation in the skin as well. It will help make your skin glow.

1 WEEK BEFORE TREATMENT: Discontinue all OTC retinols and prescription retinoic acids such as: Retin-A, Differin and Tazorac. Hydrate as much as possible.

1-3 DAYS BEFORE TREATMENT

- Pick up numbing cream:
Neil's Pharmacy 9801 Kinsey Ave. Huntersville, NC (704) 947-3220
Monday - Friday 9 to 5, closed weekends
- Prepare cold compress for post treatment: take 3 washcloths, run them under water, lay them flat in your freezer.

1 HOUR BEFORE TREATMENT

- Apply numbing gel over cleaned treatment area, face or neck (no eye makeup please)
- Be sure to cover hairline, under eyes and around mouth
- Layer until you have used 20 % of the amount in the jar
- Wear gloves and gently massage the numbing gel over the skin

TREATMENT

- You will feel heat during and about 1-3 hours post treatment
- Cold air blowing to minimize discomfort post treatment
- Multiple passes for optimal results (full face can be treated in about 10 minutes)

POST TREATMENT CARE

- Red and slightly swollen for 1-3 days depending on the individualistic healing time and settings utilized. Everyone swells in their own unique timeframe, minimizing salt intake and waiting to exercise after 24 hrs post procedure can minimize swelling, taking arnica montana or eating fresh pineapple is also helpful.
- Skin will feel dry and rough depending on the area treated: Face- 1 week. Hands, Neck and Chest- 1-2 weeks
- Use a cold compress for 5 minutes, repeat every 30 minutes as needed for 2-4 hours post procedure. This helps to reduce heat and minimize swelling
- You may wash your face with a gentle cleanser and use moisturizer post procedure as this laser is fractional non-ablative (meaning that the overlying skin is intact), however wait until tomorrow to wear make-up or use your Vitamin C serum.
- Moisturize, moisturize, moisturize! The skin will feel dry for 1-2 weeks and distal appendages (hands/arms/legs) even longer. This laser is targeting the dermal water so skin will be dehydrated post procedure.
- Sun spots may turn darker (milder than IPL) and will come to the surface and will shed at 1-2 weeks post procedure.

FOLLOWUP

- Treatments scheduled every 4 to 6 weeks, minimum of 3 treatments recommended- please schedule next appointment prior to leaving.
- Keep a log of days of redness, swelling and dryness for subsequent treatment

The only restriction is no retinol use and to minimize exfoliation for 1 week. Make-up can be applied the next morning. Always sun protect! Protect your investment!

Please note we are closed on Fridays, please direct all your questions to front desk Monday through Thursday or email us at salujalaser@gmail.com after hours.

If part of a package, please schedule your next appointment on check out so that we may accommodate you as the schedule does book out.