

FESTUS 1406 N. Truman Biva. Festus, MO 63028 P: 636-933-2243 F: 636-933-2252

DEPAUL 12265 DePaul Dr., Sulte 120 North Medical Building Bridgeton, MC 63044 P: 636-933-2243 P: 636-933-2252 CHESTERFIELD 500 Chesterfield Center, Suite 260 Chesterfield, MC 63017 Pt 636-519-8889 Ft 636-536-0120

CHESTERFIELD
Ambulatory Surgery Center
17300 N. Outer Forth Rd., Suite 100
Chesterfield, MO 63006
P: 636-728-1977
E: 636-728-1488

EUREKA 407 Meromec Blvd Eureka, MO 63025 P: 636-333-3700 F: 636-333-3701

TROY 60 Business Park Dr. Suife A Troy, MO 63379 P: 636-728-9460 F: 636-775-1544

www.ManageYourPainNow.com

ALL PATIENTS, PLEASE READ

Welcome to our Pain Clinic! Since this is your first appointment, we know you probably have many questions. This letter is to give you a quick overview of the practices of our clinic, and hopefully address some of your concerns.

Depending on your insurance carrier, you will be billed by **Interventional Pain Institute** for **Consults, Follow-up** appointments, and **Procedures.** It is *advisable* to contact your insurance carrier to determine what your personal out-of-pocket **(co-pays, co-insurance and deductible)** expense will be. Some insurance companies require authorizations for procedures, which may delay your treatment. Please know that we do everything possible to begin your treatment plan quickly.

In order for your plan of care to be successful, you must be under the care of a Primary Care Physician. Dr. Gheith and Providers can only take care of your Pain Management needs, and we want to communicate with your physician so that your overall health is managed successfully. Dr. Gheith and Providers will not write prescriptions for blood pressure medications, cardiac medications, etc.

You may be required to provide urine sample and sign an Opioid Agreement for our office, especially if Dr. Gheith and Providers write prescriptions for pain medications.

If you need a refill on any medication that we have prescribed, please have your Pharmacy send it electronically or they may fax a refill request to us. Our fax number is 636-933-2252.

If for some reason you need to cancel any upcoming appointments, please give us at least a 24 hour notice, so that we can move another patient into your time slot. If you cancel less than 24 hours, you may incur a fee of \$65.00.

Lastly, our staff is happy to answer questions/handle your concerns, but usually cannot return calls until late afternoon. We know this can be challenging, but we want to speak to you without interruptions.

Our website is www.manageyourpainnow.com. Feel free to browse our site and read about Dr. Gheith and our Providers as well as our available services. Our office telephone number is 636-933-2243.

I read and understand this letter and will ask questions if necessary.		
Patient Signature	Date	
Staff Signature		



FESTUS 1405 N. Truman Blvd. Festus, MO 63028 P: 636-933-2243 F: 636-933-2252

DEPAUL 12255 DePaul Ds., Suite 120 North Medical Bullding Bridgeton, MO 63044 P: 636-933-2243 F: 636-933-2282 CHESTERFIELD 500 Chesterfield Center, Sultra 280 Chesterfield, MO 63017 P: 636-619-8889 F: 636-536-0120

CHESTERFIELD.
Ambulatory Surgery Center
17300 N. Outer Forty Rd., Suite 100
Chesterfield, MO 63025
P: 636-728-1977
F: 636-778-1488

EUREKA 40? Meramec Sivd Eureka, MO 43025 P: 636-333-3700 F: 636-333-3701

TROY 60 Business Park Dr. Suite A Troy, MO 63379 P: 636-728-9460 F: 636-775-1844

www.ManageYourPainNow.com

	Consent for Use of Photographs/ Videos
and/or his staff, asso intra-operatively, and utilized to show the t understand entirely t face. I understand the that information may Dr. Ramis Gheith or identifying factors to	give my informed and voluntary consent to Ramis Gheith, M.D. ciates, representatives to take photographs and/or video of me pre-operatively, post-operatively. I understand that these photographs and/or videos will be eatment process to the public which includes current and prospective patients. I nat this authorization is completely voluntary, and that people may recognize my t any disclosure of information has the potential of unauthorized disclosure, and or may not be protected by applicable federal and/or state confidentiality rules, my representative cannot guarantee, nor have liability should you disclose any third party as they may not be required to maintain your privacy. Pain Institute has my permission to share my photos and videos on television and/or online.
Signature:	
Print Name:	
Date:	
	•
We greatly appreciate	your participation.
Thank you. Sincerely,	

manus for the of the server by hilder

Ramis Gheith, MD

Medical Director, Interventional Pain Institute
Medical Director, Interventional Pain Center of Chesterfield

www.ManageYourPainNow.com



FESTUS 1405 N. Truman Biva. Festus, MO 63028 P: 636-933-2243 F: 636-933-2252

DEPAUL 12255 DePaul Dr., Suite 120 North Medical Building Bridgeton, MC 63044 P: 636-933-2243 F: 636-933-2262 CHESTERFIELD 500 Chastorileta Center, Suite 250 Chesterfield, MO 55017 Pt 636-519-8889 F: 636-536-0120

CHESTERFIELD Ambulatory Surgery Center 17300 N. Outer Forty Rd., Suite 100 Chesterfield, Mo. 63025 P: 636-728-1498 EUREKA 407 Meramea 81/a Eureka, MO 63025 P: 636-333-3700 F: 636-333-3701

TROY 60 Business Park Dr. Suite A Troy, MO 63379 P: 636-728-9460 F: 636-775-1544

www.ManageYourPainNow.com

PATIENT HISTORY

Patient Name			Date	
Date of Birth	Age	\$	S#	
Marital Status	Height	Weight	Email	
Telephone Numbers (Home)	(Wor	k)	(Cell)	
Home Address				
City	State		Zip	
Primary Care Provider:				
Phone#:		Fax#:		
Referring Provider:				
Phone#:				
	IN:	SURANCE		
Policy Holder Name		DOB	SS#	
Primary Insurance		Group #	ID#	
Secondary Insurance	Group#_		ID#	
	PH	IARMACY		
Name of Pharmacy			City	
Telephone Number	Fax N	umber		

GENERAL HEALTH REVIEW

	al History (such as heart di problems, etc)	sease, stroke, cancer, ar	thritis, diabetes, hypertension, as well as psychiatric illnesses,
Surgica	al History unrelated to Pai	n (example: appendecto	emy)
Surgica	al History related to Pain (example: laminectomy)	
Allergi	es (include medication and	d food allergies)	
Intoler	ances (include side effects	from previous medicati	ons, such as gastritis, nausea, constipation, etc)
Curren	t Medications (include vita	amins and birth control p	pills, if applicable)
Do you	have any of the following	g? (Circle all that apply)	
	Headaches	Stomach Pain	Chest Pain
	Vision Problems	Nausea	Shortness of Breath
	Hearing Problems	Vomiting	Urinary Problems
	Dizziness	Constipation	Rashes

Diffic	ulty Swallowing	Diarrhea	Swollen Joints		
Chror	nic Fatigue				
Have you had	any of the followi	ng treatments fo	or you current pain	? (Circle all that ap	oply)
Physic	cal Therapy Chirop	oractor Mass	sage Therapy Surger	ry Medic	ations
			DOMESTIC SITUA	TION	
With whom do	you live?				
Are there any	substance abuse is	sues in the house	ehold? Yes	No	
If applicable, e	enter name of care	giver			
			WORK HISTOR	RY	
Employment S	Status: Full Ti	me Part	Time Retire	d None	Disability
Job		Years Worked			Why did you leave?
Are you preser	ntly involved in a L	aw Suit? Yes	LEGAL MATTEN	RS	oplain.
-			SUBSTANCE US	SE	
					all that apply). Next to each drug of or continuously ("C").
Alcoh	ol	Barbi	turates	Cocain	e
Heroi	n	Ampl	netamines	Mariju	ana
0.1		Other	Other		

Barbiturates _____

Amphetamines _____

Cocaine _____

Marijuana _____

Alcohol _____

Heroin ____

Do you presently smoke digarettes or use tobacco in any form? Yes No
If yes, what kind?
If not, did you ever smoke cigarettes or use tobacco in any form? Yes No
How many packs do (did) you smoke a day? For how many years?

GENERAL SAFETY INFORMATION ON OPIOIDS

Indications and usage for different opioid analgesics vary and the Full Prescribing Information for the specific products should be consulted.

Examples of Opioids Include

Morphine, Hydrocodone, Oxycodone, Hydromorphone, Methadone, Fentanyl, Duragesic, Levorphanol, Vicodin, Norco, Lortab, Percocet, Oxycontin, Ms IR, Ms Contin, Tylenol #3, Tramadol, Ultram, Demerol, Darvocet, Roxicodone, Roxicet, Actiq, Codeine, Dilaudid, etc...

<u>Please note:</u> Sharing or otherwise diverting your opioids is considered a felony in the State of Missouri and is subject to action(s) by Law Enforcement.

Overdose

Persons who are not prescribed an opioid analgesic can overdose by taking even one dose. Persons who have a prescription for an opioid analgesic can overdose by taking more than the amount prescribed.

Certain doses of specific opioid analgesics may cause fatal respiratory depression if taken by patients who have not developed tolerance to the respiratory depressive effects of opioids.

Manipulation by any means of any opioid analgesic dosage form poses a significant risk to the abuser that could result in overdose and death. The risk of fatal outcome is increased with concurrent use or abuse of alcohol or other CNS depressants.

Opioids should be kept in a secure place out of reach of children and protected from theft or misuse. Accidental consumption especially in children may result in overdose or death.

Respiratory Depression

Respiratory depression is the chief hazard from all opioid agonists, which can result in death.

The risk of respiratory depression is increased in elderly or debilitated patients, usually following large initial doses in persons who have not developed any degree of tolerance to the respiratory depressive effects of opioid, or when opioids are given in conjunction with other agents that depress respiratory drive.

Addiction, Abuse and Diversion

There is potential for drug addiction to develop following exposure to opioids even under appropriate medical use. All patients treated with opioids require careful monitoring for signs of abuse and addiction.

Opioid agonists have the potential for being abused and are subject to criminal diversion.

Physical Dependence and Tolerance

The development of physical dependence and/or tolerance is not unusual during chronic opioid therapy.

When a patient no longer requires therapy with an opioid, the daily dose should be tapered gradually to prevent signs and symptoms of withdrawal syndrome in the physically-dependent patient.

Contraindications

Opioids are contraindicated in any setting with a risk of significant respiratory depression (In unmonitored settings or the absence of resuscitative equipment). In patients who have acute or severe bronchial asthma, in patients who have or are suspected of having paralytic effects, or in patients with known hypersensitivity to any of the opioid product constituents.

Serious Side Effects

Respiratory depression, apnea, respiratory arrest, and to a lesser degree, circulatory depression, hypotension, shock, or cardiac arrest have all been associated with opioid use and abuse.

Common Side Effects

Nausea, vomiting, dizziness, drowsiness, constipation, itching, dry mouth, sweating, weakness, and headache are the most common non-serious side effects of opioid analgesics.

Opioid analgesics may cause drowsiness, dizziness, or lightheadedness and may impair mental and/or physical ability required for the performance of potentially hazardous tasks (examples: driving, operating machinery, etc...). Patients should be cautioned accordingly.



FESTUS 1405 N. fruman 817a. Festus, MO 63328 Pt 636-933-2243 Ft: 636-933-2252

DEPAUL 12255 DePaul Dr., Suite 123 North Medical Building Bridgeton, MO 63044 P: 636-933-2243 F: 636-933-2262 CHESTERFIELD 500 Chesterfield Center, Suite 250 Chesterfield, MO 55017 Pt 636-519-8889 Ft 636-536-0120

CHESTERFIELD
Ambulatory Surgery Center
17850 N. Outer Forty Rd., Suite 100
Chesterfield, Mo. 43015
P: 636-728-1977
F: 636-778-1488

EUREKA 407 Merames Blud Sweks, MQ 63025 P: 636-333-3700 F: 636-333-3701

TROY 66 Business Park Dr. Suite A Froy, MO 63379 P: 636-728-9460 F: 636-775-1544

www.ManageYourPainNow.com

First /	<u>Assessment</u>	Patie	nt Name							0	Date			
Age: _		Geno	ler (circle)	M	ale			F	- emale					
Please	respond to the f	ollowing ques	tions <u>for the p</u>	ain for	whi	ch y	ou/	are	presenting f	or a	sse	ssm	ent	today.
Pain Lo	ocation:	Neck	Lower Back	k		L	egs							
		Shoulders	Hip	os	_	F	oot							
				No Pain					Moderate Pain					Worst Imaginable
A. Hov	v would you rate	your pain tod	ay?	0	1	2	3	4	5	6	7	8	9	10
How w hours?	ould you rate yo	ur worst pain	in the past 24											
(0) No (1) Mild			(4)	Distres Horribl Excruci	le			-						
C. Is yo	our pain (check c	one)? Brief	Int	ermitte	nt _			C	Continuous _		_			
how m	h of the words b uch of that speci . Please rate eve	fic quality you	r pain has. W											
	PAIN QUALITY	NONI	<u>MI</u>	<u>LD</u>		M	IOD	ERA	TE SEVE	<u>RE</u>				
1.	Throbbing	(0)	(1)			(2	.)	_	(3)					
2.	Shooting	(0)	(1)			(2	:)		(3)					

3.	Stabbing	(0)	(1)	(2)	(3)
4.	Sharp	(0)	(1)	(2)	(3)
5.	Cramping	(0)	(1)	(2)	(3)
6.	Gnawing	(0)	(1)	(2)	(3)
	PAIN QUALITY	NONE	MILD	MODERATE	SEVERE
7.	Hot-burning	(0)	(1)	(2)	(3)
8.	Aching	(0)	(1)	(2)	(3)
9.	Heavy	(0)	(1)	(2)	(3)
10.	Tender	(0)	(1)	(2)	(3)
11.	Splitting	(0)	(1)	(2)	(3)
12.	Tiring-exhausting	(0)	(1)	(2)	(3)
13.	Sickening	(0)	(1)	(2)	(3)
14.	Fearful	(0)	(1)	(2)	(3)
15.	Punishing-cruel	(0)	(1)	(2)	(3)

E. Please respond to each item by circling one box per row.

	Excellent	Very Good	Good	Fair	Poor
1. In general, would you say your health is:	5	4	3	2	1
2. In general, would you say your quality of life is:	5	4	3	2	1
3. In general, how would you rate your physical health?	? 5	4	3	2	1
4. In general, how would you rate your mental health,	5	4	3	2	1
including your mood and your ability to think?					
5. In general, how would your rate your satisfaction	5	4	3	2	1
with your social activities and relationships?					
6. In general, please rate how well you carry out your	5	4	3	2	1
your usual social activities and roles. (This includes					
activities at home, at work and in your community,					

and responsibilities as a parent, child, spouse, employee, friend, etc.)

	4
7. To what extent are you able to carry out	
your everyday physical activities such as	
walking, climbing stairs, carrying groceries,	
or moving a chair?	

Completely	Mostly	Moderately	A Little	Not at All
5	4	3	2	1

In the past 7 days

8. How often have you been bothered by
emotional problems such as feeling anxious,
depressed or irritable?

Never	Rarely	Sometime	Often	Always
1	2	3	4	5

9.	How would you rate your fatigue on
av	erage?

None	Mild	Moderate	Severe	Very Severe
1	2	3	4	5

Worst Imaginable

10. How would you rate your pain on
average?

Pai	<u>in</u>									<u>Pain</u>
0	1	2	3	4	5	6	7	8	9	10

<u>No</u>



Excellence in Pain Management

Dr. Ramis Gheith and Providers

FESTUS 1405 N. Truman Blvd. Festus, MO 63028 P: 636-933-2243 F: 636-933-2282

DEPAUL 12255 DePaul Dr., Suite 120 North Medical Building Bridgeton, MO 63044 P: 636-933-2243 CHESTERFIELD 500 Chesterfield Center, Suite 250 Chesterfield, MO 68017 P: 636-519-8889 F: 636-536-0120

CHESTERFIELD
Ambulctory Surgery Center
17300 N. Outer Forty Rd., Suite 100
Chesterfield, MQ 63005
P: 636-728-1977
E: 636-778-1488

EUREKA 407 Meramec 81vd Eureka, MO 63025 P: 636-333-3700 F: 636-333-3701

TROY 60 Business Park Dr. Sulfe A Tro/, MO 63379 P: 636-728-9460 F: 636-775-1644

www.ManageYourPainNow.com

OFFICIO RISK TOOL

Introduction The Opioid Risk Tool (ORT) is a brief, self-report screening tool designed for use with adult patients in primary care settings to assess risk for opioid abuse among individuals prescribed epioids for treatment of chronic pain. Patients categorized as high-risk are at increased likelihood of future abusive drug-related behavior. The ORT can be administered and scored in less than 1 minute and has been validated in both male and female patients, but not in non-pain populations.

This tool should be administered to patients upon an initial visit prior to beginning opioid therapy for pain management. A score of 3 or lower indicates low risk for future opioid abuse, a score of 4 to 7 indicates moderate risk for opioid abuse, and a score of 8 or higher indicates a high risk for opioid abuse.

Mark each box that applies	Female	Male
Family history of substance abuse	-1	The second secon
Alcohol	1	3
Hiegal drugs	2	3
Rx drugs	4	4
Personal history of substance abuse		Appeter to the second s
Alcohol	3	3
iflegal drugs	4	4
Rx drugs	5	5
Age between 16-45 years	1	2
fistory of preadolescent sexual abuse	3	0
sythological disease		
ADD, OCO, bipolar, schizophrenja	2	2
Depression	1	1
coring totals		

Questionnaire developed by Lynn R. Webster, MD to assess risk of opioid addiction.

Webster LR, Webster R. Predicting aberrant behaviors in Opioid-treated patients: preliminary validation of the Opioid risk too. Pain Med. 2005; 6 [6]: 432



FESTUS 1406 N. Truman Blvd. Festus, MO 65028 P: 636-933-2243 F: 636-933-2252

DEPAUL 12255 DePaul Dr., Suits 120 North Medica! Building Bridgeton, MO 65044 P: 636-933-2243 F: 636-933-2252 CHESTERFIELD 500 Chesterfield Center, Suite 250 Chesterfield, MO 62017 P: 636-519-8389 F: 636-536-0120

CHESTERFIELD
Ambulatory Surgery Center
17300 N. Outer Forry Rd., Suite 100
Chesterfield, MO 05005
P: 636-728-1977
F: 636-778-1488

EUREKA 407 Meramec Sivd Eureka, MO 63025 P: 636-333-3700 F: 636-333-3701

TROY 60 Business Park Dr. Sulte A Troy, MO 63379 P: 636-728-9460 F: 636-775-1544

www.ManageYourPainNow.com

The STOP Bang Questionnaire

is it possible that you have Obstructive Sleep Apnea? Please answer the following questions to determine if you are at risk.

Snoring?	Do you Snore Loudly (loud enough to be heard through closed doors or your bed-partner elbows you for snoring at night)?	YES	NO
Tired?	Do you often feel Tired, Fatigued, or Sleepy during the daytime (such as falling asleep during driving or talking to someone)?	YES	NO
Observed?	Has anyone Observed you Stop Breathing or Choking/Gasping during your sleep?	YES	NO
Pressure?	Do you have or are being treated for High Blood Pressure ?	YES	NO
BMI	Body Mass Index more than 35 kg/m2?	YES	NO
Aga	Age older than 50 ?	YES	NO
Neck size	Neck size / shirt collar 16 inches / 40cm or larger? (Measured around Adams apple)	YES	NO
Sender	Gender = Male ?	YES	NO

For general population

OSA - Low Risk:

Yes to 0 - 2 questions

OSA - Intermediate Risk:

Yes to 3 - 4 questions

OSA - High Risk:

Yes to 5 - 8 questions

or Yes to 2 or more of 4 STOP questions + male gender

or Yes to 2 or more of 4 STOP questions + BMi > 35kg/m2

or Yes to 2 or more of 4 STOP questions + neck circumference 16 inches / 40cm

This questionnaire is provided for educational purposes only. The STOP-Bang questionnaire is owned by Dr. Frances Chung and UHN. To license the questionnaire for any other use, including clinical use, visit the official questionnaire website, www.stopbang.ca for more information and an interactive version of the questionnaire.

References:

Chung F, Yegneswaran B, Liao P, et al. STOP questionnaire: a tool to screen patients for obstructive sleep apnea. Anesthesiology 2008; 108:812.

Chang F, Subremanyam R, Lloo P, et al. High STOP-Bang score indicates a high probability of obstructive sleep opnoca. Br I Angesth 2012; 108:768



FESTUS 1495 N. Trumon 5.va. Festus, MO 63928 P: 636-933-2243 F: 636-933-2252

DEPAUL 12255 DePaul Dr., Suile 120 North Medical Building Bridgeton, MO 63044 P: 636-933-2243 F: 636-933-2262 CHESTERFIELD 508 Chusterfield Canter, Suita 283 Chestarfield, MO 63317 P: 636-519-8889 F: 636-536-0120

CHESTERFIELD
Ambulatory Surgery Center
17500 N. Outer Forty Rd., Suite 100
Cnasterfield, MO 63005
P: 636-728-1977
E: 434-739-1499

EUREKA 407 Meramec Bivd Eureka, MO 63028 P: 636-333-3700 F: 636-333-3701

TROY 60 Business Park Dr. Suite A Troy, MO 63379 P: 636-728-9460 F: 636-775-1544

www.ManageYourPainNow.com

Oswestry Low Back Pain Disability Questionnaire

Instructions

This questionnaire has been designed to give us information as to how your back or leg pain is affecting your ability to manage in everyday life. Please answer by checking **ONE** box in each section for the statement which best applies to you. We realize you may consider that two or more statements in any one section apply but please just check the box that indicates the statement which most clearly describes your problem.

	Section 1 – Pain Intensity	Section 2 Personal Care (washing, dressing, etc)
€	I have no pain at the moment	€ I can look after myself normally without causing extra pain
€	The pain is very mild at the moment	€ I can look after myself normally but it causes extra pain
€	The pain is moderate at the moment	€ It is painful to look after myself and I am slow and careful
€	The pain is fairly severe at the moment	€ I need some help but manage most of my personal care
€	The pain is very severe at the moment	€ I need help every day in most aspects of self-care
€	The pain is the worst imaginable at the moment	€ I do not get dressed, I wash with difficulty and stay in bed

	Section 3 – Lifting		Section 4 - Walking
€	I can lift heavy weights without extra pain	€	Pain does not prevent me walking any distance
€	I can lift heavy weights but it gives extra pain	€	Pain prevents me from walking more than 1.2 miles
€	Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently placed; ex: on a table	€	Pain prevents me from walking more than .6 of a mile
€	Pain prevents me from lifting heavy weights, but I can manage light to medium weights if	€	Pain prevents me from walking more than .31 miles

	they are conveniently positioned		
€	I can lift very light weights	€	I can only walk using a stick or crutches
€	I cannot lift or carry anything at all		I am in bed most of the time
	Section 5 – Sitting		Section 6 - Standing
€	I can sit in any chair as long as I like	€	I can stand as long as I want without extra pain
€	I can only sit in my favorite chair as long as I like	€	I can stand as long as I want but it gives me extra pain
€	Pain prevents me sitting more than one hour	€	Pain prevents me from standing for more than 1 hour
€	Pain prevents me from sitting more than 30 minutes	€	Pain prevents me from standing for more than 3 minutes
€	Pain prevents me from sitting more than 10 minutes	€	Pain prevents me from standing for more than 10 minutes
€	Pain prevents me from sitting at all	€	Pain prevents me from standing at all

	Section 7 – Sleeping		Section 8 – Sex Life (if applicable)
€	My sleep is never disturbed by pain	€	My sex life is normal and causes no extra pain
€	My sleep is occasionally disturbed by pain		My sex life is normal but causes some extra pain
€	Because of pain I have less than 6 hours sleep	€	My sex life is nearly normal but is very painful
€	Because of pain I have less than 4 hours sleep		My sex life is severely restricted by pain
€	Because of pain I have less than 2 hours sleep		My sex life is nearly absent because of pain
€	Pain prevents me from sleeping at all		Pain prevents any sex life at all

	Section 9 – Social Life		Section 10 - Travelling
€	My social life is normal and gives me no extra pain	€ 1	I can travel anywhere without pain
€	My social life is normal but increases the degree of pain	€ 1	can travel anywhere but it gives me extra pain
€	Pain has no significant effect on my social life apart from limiting my more energetic interests, ex: sports	€I	Pain is bad but I manage journeys over 2 hours
€	Pain has restricted my social life and I do not go out as often	€ I	Pain restricts me to journeys of less than 1 hour
€	Pain has restricted my social life to my home		Pain restricts me to short necessary journeys under 30 minutes
€	I have no social life because of pain		Pain prevents me from travelling except to receive treatment

SOAPP®-R

The following are some questions given to patients who are on or being considered for medication for their pain. Please answer each question as honestly as possible. There are no right or wrong answers.

	Never	Seldom	Sometimes	Often	
	0	1	2	3	
How often do you have mood swings?	0	0	0	0	1
2. How often have you felt a need for higher dose of medication to treat your pain?	9S 0	0	0	0	
3. How often have you felt impatient with your doctors?	0	0	0	0	
4. How often have you felt that things are just too overwhelming that you can't handle them?	0	0	0	0	
5. How often is there tension in the home?	0	0	0	0	
6. How often have you counted pain pills to see how many are remaining?	0	0	0	0	
7. How often have you been concerned that peop will judge you for taking pain medication?	ole o	0	0	0	(
8. How often do you feel bored?	0	0	0	0	(
9. How often have you taken more pain medication than you were supposed to?	on	0	0	0	4
10. How often have you worried about being left alone?	0	0	0	0	(
11. How often have you felt a craving for medication?	0	0	0	0	(
12. How often have others expressed concern over your use of medication?	r o	0	0	0	(

©2009 Inflexxion, Inc. Permission granted solely for use in published format by individual practitioners in clinical practice. No other uses or alterations are authorized or permitted by copyright holder. Permissions questions: PainEDU@inflexxion.com. The SOAPP®-R was developed with a grant from the National Institutes of Health and an educational grant from Endo Pharmaceuticals.



	Never	Seldom	Sometimes	Often	Verv Often
	0	1	2	3	4
13. How often have any of your close friends had a problem with alcohol or drugs?	0	0	0	0	0
14. How often have others told you that you had a bad temper?	0	0	0	0	0
15. How often have you felt consumed by the need to get pain medication?	0	٥	0	0	0
16. How often have you run out of pain medication early?	0	0	0	0	0
17. How often have others kept you from getting what you deserve?	0	0	0	0	0
18. How often, in your lifetime, have you had legal problems or been arrested?	0	0	0	0	0
19. How often have you attended an AA or NA meeting?	0	0	0	0	0
20. How often have you been in an argument that was so out of control that someone got hurt?	0	0	0	0	0
21. How often have you been sexually abused?	0	0	0	0	0
22. How often have others suggested that you have a drug or alcohol problem?	0	0	0	0	0
23. How often have you had to borrow pain medications from your family or friends?	0	0	0	0	0
24. How often have you been treated for an alcohol or drug problem?	0	0	0	0	0

Please include any additional information you wish about the above answers. Thank you.

©2009 Inflexxion, Inc. Permission granted solely for use in published format by individual practitioners in clinical practice. No other uses or alterations are authorized or permitted by copyright holder. Permissions questions: PainEDU@inflexxion.com. The SOAPP®-R was developed with a grant from the National Institutes of Health and an educational grant from Endo Pharmaceuticals.





FESTUS 1405 N. Truman 8Wd. Festus, MO 63028 P: 636-933-2243 F: 636-933-2252

DEPAUL 12255 DePaul Dr., Sulte 120 North Medical Building Bridgeton, MO 65044 P: 636-933-2243 CHESTERFIELD 500 Chesterfield Center, Suize 250 Chesterfield, MO 63017 P: 636-519-8889 F: 636-536-D120

CHESTERFIELD
Ambulatory Surgery Center
17300 N. Cuter Forly Rd, Sulfie 100
Chasterfleid, MO 63006
P: 636-728-1977
P: 636-728-1488

EUREKA 407 Melamed Blvd Eureka, MO 63025 P: 636-333-3700 F: 636-333-3701

TROY 60 Butiness Park Dr. Suite A Trey, MO 63379 P: 636-728-9460

www.ManageYourPainNow.com

Controlled Substance Agreement / Understanding

We are committed to doing all we can to treat your chronic pain condition. In some cases, controlled substances are used as a therapeutic option in the management of chronic pain and related anxiety and depression, which is strictly regulated by both state and federal agencies. This agreement is a tool to protect both you and the physician by establishing guidelines, within the laws, for proper controlled substance use. The words "we" and "our" refer to the facility and the words "I", "you", "your", "me", or "my" refer to you, the patient.

- 1.i.l understand that chronic opioid therapy has been associated with not only addiction and abuse, but also multiple medical problems including the suppression of endocrine function resulting in low hormonal levels in men and women which may affect mood, stamina, sexual desire, and physical and sexual performance.
- ii. For female patients, if I plan to become <u>pregnant</u> or believe that I have become pregnant while taking this medication, I am aware that, should I carry the baby to delivery while taking these medications; the baby will be physically dependent upon opioids. I will immediately call my obstetrician and this office to inform them of my pregnancy. I am also aware that opioids may cause a birth defect, even though it is extremely rare.
- iii. I have been informed that long-term and/or high doses of pain medications may also cause increased levels of pain known as <u>opioid induced hyperalgesia</u> (<u>pain medicine causing more pain</u>) where simple touch will be predicted as pain and pain gradually increases in intensity and also the location with hurting all over the body. I understand that opioid-induced hyperalgesia is a normal, expected result of using these medicines for a long period of time. <u>This is only treated with addition of non-steroidal anti-inflammatory drugs such as Advil, Ibuprofen, etc.</u>, or by reducing or stopping opioids.
- iv. I understand that physical dependence is not the same as addiction. I am aware physical dependence means that if my pain medicine use is markedly decreased, stopped, or reversed by some of the agents mentioned above, I will experience a withdrawal syndrome. This means I may have any or all of the following: runny nose, yawning, large pupils, goose bumps, abdominal pain and cramping, diarrhea, irritability, aches throughout my body and a flu-like feeling. I am aware that opioid withdrawal is uncomfortable, but not life threatening.
- v. I am aware that tolerance to analgesia means that I may require more medicine to get the same amount of pain relief. I am aware that tolerance to analgesia does not seem to be a big problem for most patients with chronic pain; however, it has been seen and may occur to me. If it occurs, increasing doses may not always help and may cause unacceptable side effects. Tolerance or failure to respond well to opioids may cause my doctor to choose another form of treatment, reduce the dose, or stop it.
- 2. i. All controlled substances must come from the physician whose signature appears below or during his/her absence, by the covering physician, unless specific authorization is obtained for an exception.
- ii. I understand that I must tell the physician whose signature appears below or during his/her absence, the covering physician, all drugs that I am taking, have purchased, or have obtained, even over-the-counter medications. Failure to do so may result in drug interactions or overdoses that could result in harm to me, including death.

iii. I will not seek prescriptions for controlled understand it is unlawful to be prescribed the each physician's knowledge.	substances from any other physe same controlled medication by	sician, health care provider, or dentist. I more than one physician at a time without
iv. I also understand that it is unlawful to obt knowingly misrepresenting facts to a physici staff (including failure to inform the physician	ian or his/her staff or knowingly v	withholding facts from a physician or his/her
All controlled substances must be obtained pharmacies, our office must be informed. The	ed at the same pharmacy where ne pharmacy that you have selec	possible. Should the need arise to change ted is:
4. i. You may not share, sell, or otherwise per controlled substances that you have been per		se or family members, to have access to any
ii. Early refills will not be given. Renewals excessive phone calls for prescriptions or eaweekends. Early refill requests are grounds	arly refills and do not phone for re	efills after hours or on
5. <u>Unannounced pill counts</u> , <u>random urin</u> cooperation is required. Presence of unauth discharge from the facility and its physicians	orized substances in urine or se	reening may be requested from you and your rum toxicology screens may result in your
6. I will not consume alcohol in conjunction other legal drugs except as specifically authors absence, by the covering physician, as set fillegal drugs, including marijuana, cocaine, eincluding a prescribed controlled substance impairs my driving ability, may result in DUI	orized by the physician whose si orth in Section 2 above. I will not etc. I understand that driving whil or any combination of substance	gnature appears below or during his/her tuse, purchase, or otherwise obtain any
7. Medications or written prescriptions man airplane, etc. If your medication has be direct evidence from authorities. A report	een stolen, it will not be replace	lost, stolen, get wet, are destroyed, left on sed unless explicit proof is provided with uthorities is not enough.
8. In the event you are arrested or incarcera controlled substances will not be given.	ted related to legal or illegal druç	gs (including alcohol), refills on
9. I understand that failure to adhere to thes prescribed by this physician and other	e policies may result in cessation cians at the facility and that law	n of therapy with controlled substances enforcement officials may be contacted.
10. I also understand that the prescribing details,including medications, with disperappropriate drug and law enforcement ag	nsing pharmacists, other profe	essionals who provide your health care, or
11. I give permission to Interventional Pain	Institute to obtain a list of my me	dication history from my insurance company.
12. I affirm that I have full right and power to understand and accept all of its terms. A cop		
Patient's full name		
Patient's signature	Date	
Physician's Signature	Date	



WORK TELEPHONE:

Dr. Ramis Gheith and Providers

FESTUS 1405 N. Truman Bivd. Festus, MO 63028 P: 636-933-2243 F: 636-933-2252

DEPAUL 12255 DePaul Dr., Suite 120 Morth Medical Building Budgeton, MO 63044 Pi 636-933-2243 Fi 636-933-2252

CHESTERFIELD 500 Chesterfield Center, Suite 250 Chesterfield, MO 53017 P: 636-519-8889 F: 636-536-0120

CHESTERFIELD
Am buldatary Surgery Center
17300 N. Outer Forthy Rd., Suite 160
Chesterfield, M.O. 63035
Pt. 636-728-1977
Ft. 636-778-1488

EUREKA 407 Meramec Bivd Bureka, MO 65025 P: 636-333-3700 F: 636-333-3701

TROY 60 Bullness Park Dr. Suite A Troy, MO 63379 P: 636-728-9460 F: 636-775-1544

www.ManageYourPainNow.com

NOTICE OF PRIVACY PRACTICES ACKNOWLEDGEMENT RECEIPT					
I have received the Notice copy at any time.	ce of Privacy Practices	s on this visit or a	a previous one. I understand I can request another		
First Name	MI	Last Name	Date of Birth		
Signature of Patient/Par	ent or Legal Guardiar	1	Date		
	PATIEN	NT RECORD OF D	DISCLOSURES		
DISCLOSURES OF THEIR RIGHT TO REQUEST COM	PROTECTED HEALTH NFIDENTIAL COMMUN SUCH AS SENDING CO	H INFORMATION NICATIONS OR TH ORRESPONDENCI	JALS THE RIGHT TO REQUEST RESTRICTION ON (PHI). THE INDIVIDUAL IS ALSO PROVIDED THE THAT A COMMUNICATION OF PHI MAY BE MADE BY CE TO THE INDIVIDUAL'S OFFICE OR CELL PHONE,		
PLEASE CHECK ALL THAT APPLY:					
HOME TELEPHONE:			WRITTEN COMMUNICATION:		
Leave message with	detailed information	1	OK to mail to:		
Leave message with	call back number on	ly	OK to fax to:		

CELL PHONE:

Leave message with detailed info	ormation	Leave message with detailed information				
Leave message with call back number only		Leave message with call back number only				
I GIVE CONSENT TO THIS OFFICE TO RELEASE ANY AND ALL RESULTS TO THE PERSONS LISTED BELOW:						
K	SULIS TO THE PERSONS	S FISTED BELOW:				
NAME	RELATIONSH	IIP PHONE NUMBER				
THIS DOCUMENT WILL BE A PART OF YOUR MEDICAL RECORD						
FOR OFFICE USE ONLY:						
Entered into	system by	Date				



Excellence in Pain Management

Dr. Ramis Gheith and Providers

FESTUS 1406 N. Trumon Sival Festus, MO 63028 : 636-933-2243 F : 636-933-2252

DEPAUL 12255 DePaul Dr., Suite 120 North Medical Building Stidgeton, MO 63044 : 636-933-2243 F: 686-933-2252

CHESTERFIELD 500 Chesterfield Center, Suite 250 Chesterfield, MO 68017 P: 636-519-8889 F: 636-536-0120

CHESTERRIELD Ambulatory Surgery Center 17300 N. Outer Forty Rd., Suite 100 Chesterfield, MO 62005

EUREKA 407 Meramec Blvd Eureka, MO 68028 : 636-333-3700 F: 636-333-3701

TROY 66 Business Park Dr Suite A Trov. MO 63379

www.ManageYourPainNow.com

INTERVENTIONAL PAIN INSTITUTE FINANCIAL AGREEMENT

We are committed to providing you with the best possible care and are pleased to discuss our professional fees with you anytime. Your clear understanding of our Financial Agreement is important to our professional relationship. Please ask if you have any questions about our fees, financial agreement or your financial responsibility. Please initial on each line to confirm your understanding.

- APPOINTMENTS This practice requires at least 24 hours advance notice for appointment cancellations. A 1. \$65.00 fee will be charged to patient's account if a patient fails to give advanced notice and does not show for their scheduled appointment.
- REFFERALS If your plan requires a referral from your primary care physician, it is YOUR responsibility to obtain a referral prior to your appointment. Referrals must be received in our office prior to your appointment. If no referral is received by the time of service, you will be responsible for the charges.
- CO-PAYMENTS By contract with your insurance carrier, we MUST collect your carrier designated co-pay. This payment is expected at the time of service. Please be prepared to pay the co-pay at each visit. Should you not pay at the time of service and we subsequently send you a statement, an administrative fee of \$10.00 may be added to your account.
- ADMINISTRATIVE FEES are charged to the following FMLA: \$75.00; SHORT TERM DISABILITY: \$75.00; HANDICAP PARKING PERMIT: \$35.00; HUNTING: \$35.00; HEALTH FORMS: \$3.00 each, DETAILED BILLING STATEMENTS: \$1.00 per page, MEDICAL RECORDS: Fees according to MO Department of Health and Senior Service. We require 3-business days for processing of these forms. Patient must be current on check-up appointments.
- 5. **SELF-PAY PATIENTS** – Payment is expected at the time of service.
- INSUFFICIENT FUND CHECKS a \$50.00 fee will be charged to patient's account for checks returned due to non-sufficient funds.
- 7. BALANCE ON ACCOUNT - Accounts with balances for 31+ days or more will be subject to a 2% late fee.
- NON-PAYMENT Accounts with an outstanding balance for 90+ days will be charged collection fees and forwarded to a third party for collections. All collection fees are the patient's responsibility. NO ADDITIONAL CONTACT WILL BE MADE BY OUR OFFICE AT THAT POINT.
- PRIVACY POLICY I have received and had time to review the Notice of Privacy Practices.
- CONTROLLED SUBSTANCE AGREEMENT/UNDERSTANDING I have received and had time to review the Controlled Substance Agreement/Understanding. I have received and reviewed the opioid fact sheets and understand the risks associated with using controlled substances including risk of dependence and/or addiction, withdrawal, overdose, respiratory depression and/or death.
- I have been informed and fully understand that Interventional Pain Institute has partnership and investment interests in the Interventional Pain Center of Chesterfield.
- 12. ___ All my questions have been addressed and answered to my satisfaction.
- I have received and understand the instruction form regarding the importance of stopping my blood thinners for any spinal procedure(s) and the consequences associated with stopping the medication for any spinal procedure(s).
- I have received the Patient Counseling Guide regarding opioid analgesics.
- The physicians in this medical practice in partnership with DxTx Pain and Spine, have a financial interest in Interventional Pain Center of Chesterfield, ambulatory surgical center.

ALL FEES STATED IN THIS FINANCIAL AGREEMENT ARE NOT BILLED TO INSURANCE. FEES ARE THE PATIENT'S FINANCIAL RESPONSIBILITY.

I have read and understand the practice's patient financial agreement and agree to be bound by its terms. I also understand and agree that such terms may be periodically amended by the practice.

Print Patient Name	Patient Signature	Date
Signature of Person Authori	zed to Consent Relationship to Patient	Patient's Date of Birth