

# Hydrafacial

## Pre-Treatment Instructions



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### IMPORTANT INFORMATION

- You must advise your service provider if you are pregnant or breast feeding, and your treatment may be modified accordingly.
- You cannot have a Hydrafacial if you have active herpes (cold sore) on the lips.
- You must avoid sun exposure or use of tanning beds for a minimum of 72 hours prior to treatment.
- It is imperative that pre-treatment instructions be carefully followed. If treatment cannot be provided at a scheduled appointment due to non-compliance, a \$50 rescheduling fee will be assessed.

### PREPARING FOR TREATMENT

- To maximize the benefits and results from your Hydrafacial, it is recommended that you begin a complete skin care regimen.
- Discontinue using skincare products containing retinol, glycolic acid, salicylic acid, benzoyl peroxide, or hydroquinone at least 48 hours prior to treatment.
- If you are taking Accutane, you must discontinue its use at least 6 months prior to treatment.
- If you have a history of "cold sores," please let your provider know. Medication can be prescribed to minimize the possibility of a flare up following your treatment.
- Do not have waxing, electrolysis, or use depilatory cream at least 48 hours prior to your Hydrafacial.
- Shaving the day of treatment is discouraged for men. If you choose to shave the day of treatment, please do so at least 3-4 hours prior to treatment.
- Do not have microdermabrasion, chemical peel, or laser service in the treatment area at least 2 weeks prior to a Hydrafacial.
- You must wait 2 weeks after having Botox (or other neurotoxin) and 2 weeks after receiving facial filler before having a Hydrafacial. You may have treatment on the same day if the Hydrafacial is provided first, followed by cosmetic injection.