

# BBL Hair Reduction

## Pre-Treatment Care Instructions

### PREPARING FOR TREATMENT

- Shave the entire area to be treated approximately 24 hours prior to your planned treatment.
- Do not use any other hair removal methods or products in the treatment area either prior to or at any time during your series of BBL Hair Reduction treatments. This includes waxing, electrolysis, threading, tweezing, and sugaring.
- Strictly avoid sun exposure or tanning in the treatment area for at least 2 weeks prior to treatment. Use a broad-spectrum sunblock of SPF 30+ before and after treatment.
- Discontinue using products containing retinol, glycolic acid, salicylic acid, benzoyl peroxide, or abrasive scrubs in the treatment area for at least 1 week prior to your procedure.
- You may not use oral steroids (pills), antibiotics, or other medications that cause photosensitivity prior to treatment. Discuss the medications you take with your provider and be sure to notify them if any of your topical or oral medications change.
- You cannot have the BBL Hair Reduction procedure if you have active herpes or cold sores in the treatment area. If you have a history of herpes or cold sores, please let your provider know. Medication can be prescribed to minimize the possibility of a flare up following your treatment.
- Do not have microdermabrasion or chemical peels for 2 weeks prior to BBL Hair Reduction in that treatment area.
- Do not have any other laser/light-based treatments until your BBL Hair Reduction treatment series is completed, or without discussing it with your provider.
- For darker skinned patients and patients with melasma or a history of hyperpigmentation, medications will be discussed and prescribed to minimize the possibility of hyperpigmentation following your treatment.

### IMPORTANT INFORMATION

- You cannot have the BBL Hair Reduction procedure if you are pregnant or breast feeding.
- Tattooed areas cannot be treated.
- You must avoid sun exposure or tanning beds for the duration of your treatment regimen.
- If taking Accutane, you must discontinue its use at least 6 months prior to BBL procedure.
- Check with your provider if you're taking photosensitive medications, such as Tetracycline, Doxycycline, etc. Photosensitive medications need to be stopped 2 weeks prior to treatment.
- It is imperative that pre-treatment instructions be carefully followed. If treatment cannot be provided at a scheduled appointment due to non-compliance, a \$50 rescheduling fee will be assessed.