

# BBL Photofacial & SkinTyte Pre-Treatment Instructions



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## IMPORTANT INFORMATION

- You cannot have the SkinTyte procedure if you are pregnant or breast feeding.
- You cannot have the SkinTyte procedure if you have active herpes on the lips.
- You must avoid sun exposure or tanning beds for the duration of your treatment regimen.
- Check with your provider if you're taking photosensitive medications, such as Tetracycline, Doxycycline, etc. Photosensitive medications need to be stopped 2 weeks prior to treatment.

## PREPARING FOR TREATMENT

- During your consultation, you should discuss your current skincare regimen. It is **critical** that you are not using topical or oral steroids (creams or pills), or retinoids (topical or oral) prior to your BBL procedure.
- Discontinue using skincare products containing retinol, glycolic acid, salicylic acid, benzoyl peroxide, or abrasive scrubs for at least 1 week prior to your procedure.
- If you are taking Accutane, you must discontinue its use at least 6 months prior to BBL procedure.
- If you have a history of "cold sores," please let your provider know. Medication can be prescribed to minimize the possibility of a flare up following your treatment.
- For darker skinned patients and patients with melasma or a history of hyperpigmentation, medications will be discussed and prescribed to minimize the possibility of hyperpigmentation following your treatment.
- Do not have any other laser/light-based treatments until your SkinTyte treatment series is completed.
- Do not have microdermabrasion or chemical peels for 2 weeks prior to your SkinTyte treatment.
- Do not have any facial waxing for 1 week prior to your treatment.
- Smoking cigarettes will increase your risks. It is imperative that you refrain from smoking prior to your procedure.
- It is recommended that you avoid alcohol for 24 hours pre-procedure.
- Hydration is important. Drink plenty of water before and after your procedure.
- Do not take aspirin or anti-inflammatory medications for 3 days prior and 3 days after procedure.
- You should ask questions and feel free to contact our office if you need any further information.
- It is imperative that pre-treatment instructions be carefully followed. If treatment cannot be provided at a scheduled appointment due to non-compliance, a \$50 rescheduling fee will be assessed.

## ON THE DAY OF SKINTYTE TREATMENT

- Your face must be thoroughly clean when you arrive for the appointment. Do not apply make-up, moisturizer, creams, or lotions. Men should be clean-shaven.
- You should wear a comfortable shirt without a collar.
- Please remove jewelry such as earrings and necklaces prior to arrival.