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DIABETIC INSTRUCTIONS FOR UPPER ENDOSCOPY FOR DIABETIC PATIENTS

INSULIN DEPENDENT / ORAL HYPOGLYCEMICS

If your Insulin is managed on a sliding scale by your Endocrinologist or PCP, follow their recommendations. If questions, consult your Endocrinologist or PCP.

Hold Subcutaneous Injection 1 week prior to procedure.

Ozempic, Wegovy, Trulicity, Bydureon, Mounjaro - usually weekly injections

If you do not use a sliding scale regimen, use the following procedure:

MORNING GASTROSCOPY (UPPER ENDOSCOPY)

Insulin Dependent

- Take 1/2 usual dose day prior to procedure
- Do finger sticks
- Take 1/2 usual dose before your procedure
- When you have eaten after the procedure, take 1/2 usual dose of Insulin

MORNING GASTROSCOPY (UPPER ENDOSCOPY)

Oral Diabetic Medication

- None on morning of procedure
- When you have eaten after the procedure, resume your usual dose

AFTERNOON GASTROSCOPY (UPPER ENDOSCOPY)

Insulin Dependent

- Take 1/2 usual dose day of procedure
- Do finger sticks
- When you have eaten after the procedure, resume your usual dose

AFTERNOON GASTROSCOPY (UPPER ENDOSCOPY)

Oral Diabetic Medication

- None on morning of procedure
- When you have eaten after the procedure, resume your usual dose

PATIENT RESPONSIBILITY

IT IS YOUR RESPONSIBILITY TO CHECK WITH YOUR INSURANCE COMPANY REGARDING PRE-AUTHORIZATION AND ANY REFERRALS NECESSARY FOR THIS PROCEDURE. YOU WILL NEED TO PRESENT A CURRENT PHOTO ID, VALID INSURANCE CARD AND A VALID REFERRAL, IF REQUIRED. YOU WILL BE EXPECTED TO PAY ANY COPAYMENTS, COINSURANCE, DEDUCTIBLES AND OUTSTANDING BALANCES AT THE TIME OF YOUR APPOINTMENT. IF YOU ARE NOT PREPARED TO PAY THE FEES DUE, YOUR APPOINTMENT MAY BE CANCELLED.

PLEASE LEAVE VALUABLES AT HOME OR WITH THE RESPONSIBLE TRANSPORTATION PROVIDER. PLEASE BRING YOUR EYEGLASSES, IF APPLICABLE, AS WELL AS SUFFICIENT CASH, CREDIT CARD OR CHECK FOR YOUR FINANCIAL RESPONSIBILITY.

IT WILL BE NECESSARY FOR YOUR TRANSPORTATION PROVIDER TO WAIT FOR YOU.

Anne Arundel Gastroenterology Associates provides medical services regardless of race, color, age, national origin, sex, religion, or handicap. If you are hearing impaired or have a language barrier, please notify our office.