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AAGA085 (Rev 11/15)

PREPARATION INSTRUCTIONS FOR CAPSULE ENTEROSCOPY

Date of Procedure _____

Arrival time _____

Procedure time _____

Place ☐ MD Center for Digestive Health
Bestgate Medical Clinic
820 Bestgate Road, Suite 2A
Annapolis, MD 21401

FIVE (5) DAYS PRIOR TO EXAM

Refrain from taking aspirin products, non-steroidal anti-inflammatory
Medications (advil, ibuprofen) and iron products.

DAY PRIOR TO EXAM

NOON: Start a clear liquid diet. Clear liquids allowed are water, Gatorade, apple juice,
white grape juice, gingerale, sprite, plain coffee or plain tea.

5PM: Take (1) Biscodyl 5mg tablet. This can be purchased at the pharmacy.
Biscodyl is a laxative.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT

When you arrive for the Capsule Enteroscopy exam, you will receive 10 drops of Simethicone
(a gas inhibitor) mixed with 4 ounces of water, 30 minutes before swallowing the capsule. We
will provide the Simethicone.

PATIENT RESPONSIBILITY

IT IS YOUR RESPONSIBILITY TO CHECK WITH YOUR INSURANCE COMPANY
REGARDING PRE-AUTHORIZATION AND ANY REFERRALS NECESSARY FOR THIS
PROCEDURE. YOU WILL NEED TO PRESENT A CURRENT PHOTO ID, VALID
INSURANCE CARD AND VALID REFERRAL, IF REQUIRED. YOU WILL BE
EXPECTED TO PAY ANY COPAYMENTS, COINSURANCE,
DEDUCTIBLES AND OUTSTANDING BALANCES AT THE TIME OF YOUR
APPOINTMENT. IF YOU ARE NOT PREPARED TO PAY THE FEES DUE, YOUR
APPOINTMENT MAY BE CANCELLED.

PLEASE LEAVE VALUABLES AT HOME OR WITH THE RESPONSIBLE
TRANSPORTATION PROVIDER. PLEASE BRING YOUR EYEGLASSES. PLEASE DO NOT
WEAR ANY JEWELRY OTHER THAN A WEDDING RING.

*Anne Arundel Gastroenterology Associates provides medical services regardless of race,
color, age, national origin, sex, religion, or handicap. If you are hearing impaired or have
a language barrier, please notify our office.*