



# Willamette Foot & Ankle

## Myles Knutson, DPM

311 B Ave, Suite S Lake Oswego, OR 97034  
503-804-7579 ■ F: 833-450-4775 ■ willamettefootandankle.com

## New Patient Registration

### Patient Information:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Preferred Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Age \_\_\_\_\_  
Gender \_\_\_\_\_ Gender Identity \_\_\_\_\_  
Do you have Preferred Pronouns? \_\_\_\_\_

Address \_\_\_\_\_  
City \_\_\_\_\_ Zip Code \_\_\_\_\_

Preferred Phone Number: \_\_\_\_\_  
☐ Mobile ☐ Home

Email: \_\_\_\_\_

Preferred Pharmacy: \_\_\_\_\_  
(name, city, street name)

### Emergency Contact:

Name \_\_\_\_\_ Relationship \_\_\_\_\_  
Contact phone Number \_\_\_\_\_

### Insurance:

Primary Company Name \_\_\_\_\_  
Secondary Name \_\_\_\_\_  
Subscriber: ☐ Self  
☐ Other: \_\_\_\_\_ (Name & Date of Birth)  
\_\_\_\_\_

### Referral Information:

Who referred you?

- ☐ Primary Care Doctor  
☐ Hospital Referral \_\_\_\_\_  
☐ UrgentCare Referral \_\_\_\_\_  
☐ Physical Therapist \_\_\_\_\_  
☐ Internet Search \_\_\_\_\_  
☐ Friend/Family \_\_\_\_\_  
☐ Other: \_\_\_\_\_

How quickly were you able to be seen?

- ☐ Next Day ☐ Quick ☐ Slow ☐ Long wait

Who is your Primary Care Provider? \_\_\_\_\_

What is the name of their Clinic? \_\_\_\_\_

Which hospital system do you use most often?

- ☐ Legacy ☐ Providence ☐ OHSU

### Racial & Ethnic Background:

The US HITECH Act requires us to ask the following questions

Preferred Language: ☐ English Other: \_\_\_\_\_

Check all that you identify with:

- ☐ Asian ☐ Black / African American  
☐ Caucasian / White ☐ Hispanic / Latino  
☐ Native American ☐ Native Pacific Islander  
☐ Decline

# Past Medical History

## General:

Weight: \_\_\_\_\_ Height: \_\_\_\_\_

Shoe Size \_\_\_\_\_

## Drug Allergies:

☐ No Known Allergies

- |  |  |                                 |
|--|--|---------------------------------|
| <input type="checkbox"/> Penicillin          | <input type="checkbox"/> Sulfa         | <input type="checkbox"/> Iodine |
| <input type="checkbox"/> Aspirin             | <input type="checkbox"/> Codeine       | <input type="checkbox"/> NSAIDs |
| <input type="checkbox"/> Local Anesthetic    | <input type="checkbox"/> Adhesive Tape |                                 |
| <input type="checkbox"/> Metal Allergy _____ |  |                                 |

Other: \_\_\_\_\_

## Medications:

☐ No Medications

List all medications: \_\_\_\_\_

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☐ See Attached List

(List can be uploaded to form)

## Surgeries:

List surgeries, serious injuries, or major hospital stays

☐ No Previous Surgeries

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## Medical Conditions:

☐ No medical conditions diagnosed by Doctor

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Anemia                  | <input type="checkbox"/> Anxiety                 | <input type="checkbox"/> Artificial Valve     |
| <input type="checkbox"/> Arthritis               | <input type="checkbox"/> Asthma                  | <input type="checkbox"/> Back Problem         |
| <input type="checkbox"/> Cancer                  | <input type="checkbox"/> Chest Pain              | <input type="checkbox"/> Circulation Problems |
| <input type="checkbox"/> Depression              | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Epilepsy             |
| <input type="checkbox"/> Fibromyalgia            | <input type="checkbox"/> Gout                    | <input type="checkbox"/> Heart Disease        |
| <input type="checkbox"/> Heart Attack            | <input type="checkbox"/> Hepatitis               | <input type="checkbox"/> High Blood Pressure  |
| <input type="checkbox"/> HIV                     | <input type="checkbox"/> Kidney Problems         | <input type="checkbox"/> Leg Cramps           |
| <input type="checkbox"/> Liver Disease           | <input type="checkbox"/> Lung Disease            | <input type="checkbox"/> Mental Illness       |
| <input type="checkbox"/> Phlebitis / Blood Clots |  | <input type="checkbox"/> Psoriasis            |
| <input type="checkbox"/> Psychiatric             | <input type="checkbox"/> Rheumatologic Condition |   |
| <input type="checkbox"/> Stroke                  | <input type="checkbox"/> Thyroid Problems        | <input type="checkbox"/> Ulcers(stomach)      |

Arthritis? (List type) \_\_\_\_\_

Diabetes? (Type & Last Known A1C) \_\_\_\_\_

Cancer? (List type) \_\_\_\_\_

Psychiatric (list condition) \_\_\_\_\_

Other: \_\_\_\_\_

## Family History: (mother or father)

- |                                   |                                      |  |
|-----------------------------------|--------------------------------------|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Bloodclotts | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Stroke   | <input type="checkbox"/> Rheumatoid  | <input type="checkbox"/> Gout          |

Other: \_\_\_\_\_

## Social History:

Occupation: \_\_\_\_\_

Do you Smoke or use Nicotine? **No** / Yes

Past Smoker / Nicotine? **No** / Yes

If yes, How much per day? \_\_\_\_\_

If yes, How Many years? \_\_\_\_\_

Do you use Recreational Drugs? **No** / Yes

If yes, list types \_\_\_\_\_

Pregnant or Possibly Pregnant? **No** / Yes

# History of Current Condition

What is your main reason for seeking medical attention? (in 1-2 sentences)

Which Side:

☐ Left ☐ Right ☐ Both

What part of the Foot / Ankle?

☐ Small Toes ☐ Big Toe ☐ Ankle ☐ Arch  
☐ Bottom Heel ☐ Back Heel ☐ Achilles ☐ Top of foot  
☐ Ball of foot ☐ Outer foot ☐ Inner ankle ☐ Outer ankle

Other:

Type of Pain:

☐ Dull ☐ Achy ☐ Throbbing ☐ Numb  
☐ Burning ☐ Sharp ☐ Stabbing ☐ Pressure

How long has it been a problem?

\_\_\_ Days \_\_\_ Weeks \_\_\_ Months \_\_\_ Years  
Approx date of onset \_\_\_\_\_

How has it progressed ?

☐ Improved some ☐ No improvement ☐ Worsen  
☐ Intermittent ☐ Unsure

What aggravates the condition ?

☐ Shoes ☐ Activity ☐ Barefoot  
☐ Running ☐ Standing ☐ Walking  
☐ Pain after first stepping

Other:

How did it begin?

☐ Slow onset ☐ Sudden ☐ Known Injury  
☐ Known Trauma ☐ Old injury ☐ Bad Shoes  
☐ After an Activity ☐ Twist ☐ Barefoot

Other:

What treatments have you tried?

☐ Changing shoes ☐ Anti-inflammatory med  
☐ Ice ☐ Decreasing activities  
☐ Heat ☐ Massage  
☐ Stretching ☐ Physical Therapy  
☐ Padding ☐ Injections  
☐ Antibiotics ☐ OTC Meds  
☐ Prefabricated Arch Supports  
☐ Custom Orthotics

Other:

What seems to help?

Have you seen another healthcare provider for this?

☐ No ☐ Yes ☐ Second Opinion

If yes, what specialty? \_\_\_\_\_

How long ago? \_\_\_\_\_

What did they offer? \_\_\_\_\_

Exercise and Orthotics:

What exercise do you routinely do? \_\_\_\_\_

Number of days per week for exercise? \_\_\_\_\_

What activities does your foot prevent you from doing?

Do you use store bought arch supports? Yes / No

Do you use Custom Orthotics? Yes / No

Are you interested in Orthotics? Yes / No / Unsure



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## **Insurance Card Copies**

In order to confirm and hold your appointment time we need to have a copy of the front and back of your insurance card. This is needed to confirm your active insurance status and confirm your eligibility.

We have 2 options for sending us the card images.

Do one of the following:

1) Send photos as a Text Message. Send a photo of the front and back of the card to our office number. The number receives text messages.

Office Number: 503-804-7579

2) Send an email of images / file to our email.

[Contact@willamettefootandankle.com](mailto:Contact@willamettefootandankle.com)



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### **Missed Appointment Policy**

As a courtesy, and to help patients remember their scheduled appointments, we send multiple text messages and email reminders. If your schedule changes and you cannot keep your appointment, please contact us so we may reschedule you, and accommodate those patients who are waiting for an appointment. As a courtesy to those patients who are waiting to schedule with the physician, please give us at least 24 hours notice.

If for any reason you need to cancel or change your appointment you must do so 24 hours before the scheduled appointment time. Please call or message for changes. Any cancellations or no shows made less than 24 hours will be charged a **\$60 late cancel/no show fee**. We acknowledge that extenuating circumstances do occur and are considered on a case by case basis.

Responsible Party: (If not Patient) \_\_\_\_\_

*By signing this agreement, you agree to all the terms and conditions as indicated above.*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_



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## **Financial Policy**

### **INSURANCE POLICY**

Your insurance policy is a contract between you and your insurance company, therefore you are responsible whether or not your insurance pays. The amount owed is based on your deductible and coinsurance. If we are participating with your insurance plan, we will submit the claim to your insurance. We recommend calling your carrier to confirm coverage, review your deductible, and verify Dr Knutson is in network for your plan.

### **ACCURATE INSURANCE INFORMATION**

In order to submit insurance claims on your behalf we will need complete and accurate insurance information including: home address, phone number, insurance claim mailing address, insurance phone number, subscriber ID number and group number, subscriber date of birth. If any changes are made to the information, it is the patient's responsibility to inform the clinic to avoid additional charges. We are required to have a copy of your insurance card(s) on file in order to bill your insurance for you. If we do not have this accurate information on file, you will be billed directly and are responsible for all charges.

### **RELEASE OF BENEFITS INFORMATION**

I authorize my insurance benefits to be paid directly to the doctor. I understand that the doctor's office will bill my insurance as a courtesy and that I am responsible for all co-payments, deductibles and non-covered services. I authorize the release of information required to process my claims. ALL CO-PAYMENTS DUE ON DAY OF SERVICE.

### **PATIENT ACCOUNT BALANCES:**

Past due accounts: We will notify you of patient statements by mail and email. If the account becomes past due additional phone calls, emails, and text messages will be sent. If full payment is not made or a payment plan is not established, your account will be sent to collections.

Patient's Name: \_\_\_\_\_

Responsible Party: (If not Patient) \_\_\_\_\_

*By signing this agreement, you agree to all the terms and conditions as indicated above.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



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## **HIPPA Policy**

### **Health Information Privacy Protection Act**

We follow HIPPA Policies set forth by the Oregon Health Authority. In general, HIPPA gives individuals the right to request restrictions on uses and disclosures of their protected PHI (protected health information). The individual is also provided the right to request confidential communications. We keep a record of the healthcare services we provided for you. You may ask to see and copy the record. You may also ask to correct the record. We will not disclose your record to others unless you direct us to do so, or unless law authorities require us to do so.

For a full description visit [Oregon.gov/OHA](https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/oe2090.pdf) or  
<https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/oe2090.pdf>

I authorize communication to be sent to myself over the following means:

- 1) ANY FORM IS OK
- 2) Text Message
- 3) Email
- 4) Phone Call
- 5) Voicemail

Patient's Name: \_\_\_\_\_

Responsible Party: (If not Patient) \_\_\_\_\_

*By signing this agreement, you are aware of the HIPPA Policy for this office.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_