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## **PRP Under-Eye Injection Pre & Post-Treatment Instructions**

### **Pre-Treatment**

1. Avoid taking aspirin, fish oil and other non-steroidal anti-inflammatory medications, such as ibuprofen, for 3-5 days prior to your treatment. These agents may increase bruising and bleeding at the injection site.
2. If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another occurrence. Speak to your physician about medications that may minimize recurrence.

### **Post-Treatment**

1. You will experience swelling in the treated area for approximately 24-48 hours.
2. To minimize swelling, keep your head elevated as much as possible.
3. No exercise or alcohol for 24 hours post-injection.
4. Avoid excess sun exposure.
5. For approximately 1-week post-treatment, do not use active ingredient products in the treatment area. Use only a mild cleanser when washing your face and be gentle in the treatment area.
6. Avoid taking aspirin, fish oil and other non-steroidal anti-inflammatory medications, such as ibuprofen for 3 days following your treatment. These agents may increase bruising and bleeding at the injection site.
7. If you have pain, inflammation, and/or swelling, you may take Tylenol.

Mild to moderate swelling after PRP injection under the eyes is not unusual and it can sometimes last for days or a week. However, if you notice any of the following symptoms, call your doctor or seek immediate medical attention:

- Severe swelling in your face and under your eyes that does not go away even after a week post-treatment
- Acute pain in your under-eye area that does not go away even after taking OTC pain medications
- New bruises or any unexpected bleeding
- Excessive redness or itching in the treated region